

Vet Checks- Cut Off Times – Mileage - Criteria

Vet Check	Ride Distance	Mileage	From Start	To Finish	Vet Check Type	Pulse	Cut Off Times *(UNLESS SUGGESTED)*
Start	50	0	0	50	Start		6:45 am OUT
	25	0	0	25	Start		7:15 am OUT
Intro Start (Loop 2)	10	0	0	10	Start		10:00 OUT
Salt Creek	50	10	10	40	Trot By		8:30 am IN Suggested
	25	10	10	15	Trot By		9:00 am IN Suggested
Loop 1 (Cool)	50	15	5	35	30 Min. Hold	60 bpm	9:30 am IN Suggested
	25	15	5	10	30 Min. Hold	60 bpm	9:45 am IN Suggested
Loop 2 (Cool)	50	25	10	25	60 Min. Hold	60 bpm	12:00 pm IN Suggested
	25	25	10	0	Finish	60 bpm	1:00 pm MUST MEET CRITERIA
	10 Intro	10	10	0	Finish	60 bpm	1:00 pm IN
Auburn	50	35	15	10	30 Min. Hold	60 bpm	4:00 pm IN 4:45 pm OUT
Cool	50	50	10	0	Finish	64 bpm	6:30 pm IN