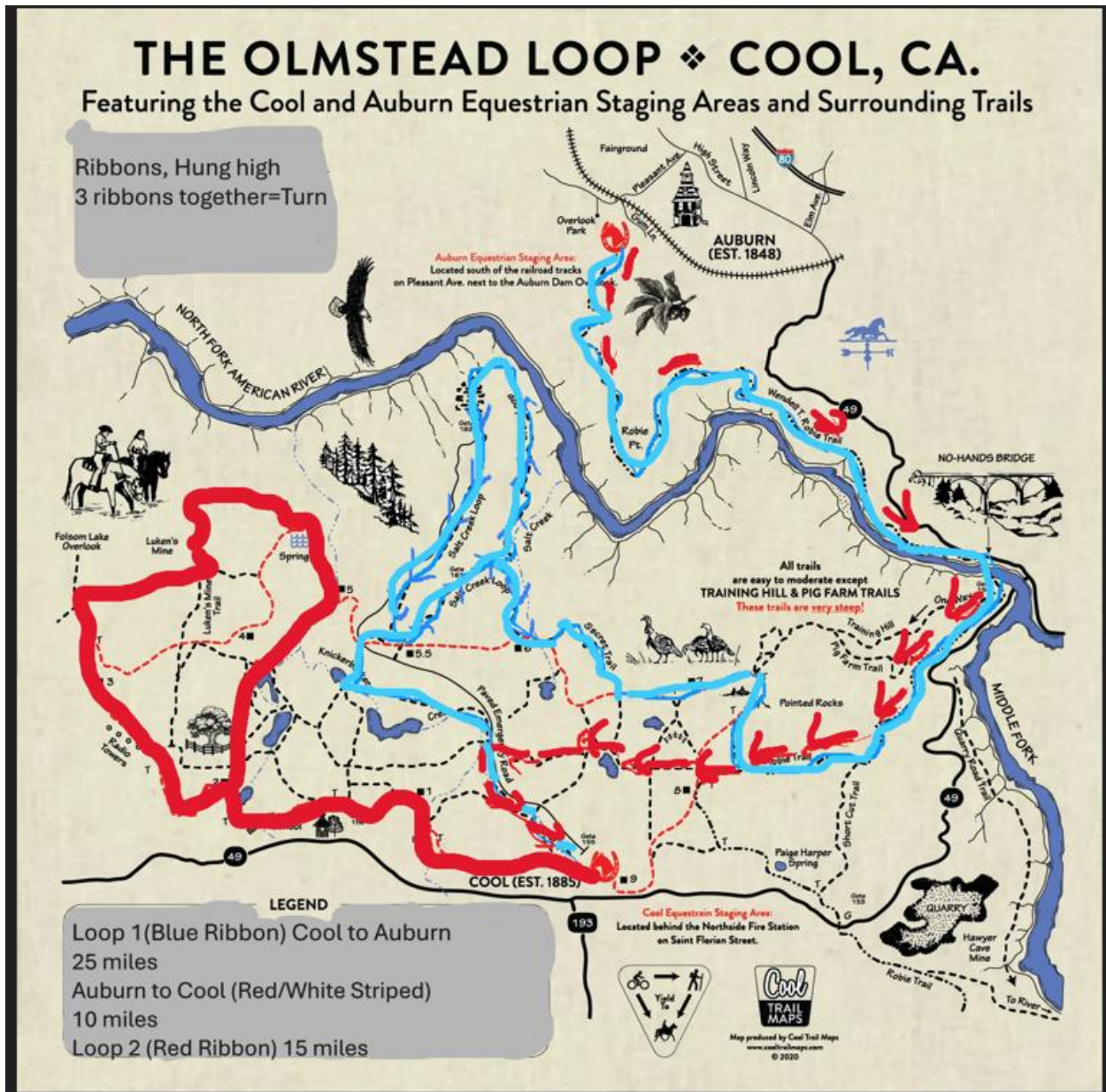


**AMERICAN RIVER CLASSIC 50 MILES  
2025  
TRAIL & VET CHECKS**



Vet Check	Mileage	From Start	To Finish	Vet Check Type	Pulse	Cut Off Times *(UNLESS SUGGESTED)*
Start	0	0	50	Start		6:30 am <b>START</b> 6:45 am <b>OUT</b>
Auburn	25	25	25	60 Min. Hold	60 bpm	11:30 am <b>IN</b> 1:00 pm <b>OUT</b> <b>Cut Off</b>
Cool	35	10	25	60 Min. Hold	60 bpm	2:15 pm <b>IN</b> <b>(Suggested)</b>
Finish (Cool)	50	15	0	Finish	64 bpm	6:30 pm <b>IN</b>